



ACCREDITED B++ BY NAAC

MGN COLLEGE OF EDUCATION

ਐਮ .ਜੀ .ਐਨ . ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ

Adarsh Nagar, JALANDHAR-144 008.



Off. : 0181-2201883
Telefax : 0181-2254461
e-mail : mgncollege@yahoo.co.in
Website : www.mgncollege.org.

RECOGNISED BY NCTE, (2f & 12b of UGC Act.) GOVT. AIDED & AFFILIATED TO G.N.D.U., AMRITSAR.

Dated: 18.05.2022

Notice Regarding School Internship

School Internship will start w.e.f. 23.05.2022 and it will continue upto 25.08.2022. All B.Ed. (4th Semester) students are directed to report to their concerned practicing schools at 7:00 am sharp.

All concerned teachers are required to submit their time table within three days and Absentee list regularly. Teachers are required to make schedule for practice of micro lessons during teaching practice.

All the College teachers will be responsible to allocate a specific syllabus for their students in written from the schools and monitor strictly its compliance.

Teachers should ensure the full time presence of the students in the school. No student teacher will take leave these days. In case of emergency leave can be recommended by the teacher but is to be sanctioned by the College Principal.

During Practice Teaching Programme, concerned teachers must concentrate on the following activities:-

Performance during Internship:

- Use of Teaching aids
- Use of Innovative Techniques
- Supervisory duties in Examination at respective school
- Checking of answer Scripts
- Formulation of school Time table
- Overall Good Conduct

Maintenance of Attendance Register, result records etc.

✓ **Organizing of a Co-Curricular activity (such as Morning Assembly, Sports Meet, Tree Plantation, Quiz etc.) and submission of report.**

- Reflective journal writing.
- Correction of home work notebooks.
- Blue Print of Time Table (Class & School both)
- Blue Print of Question Paper

Note:

- Supervisor must ensure the following specifications for the preparation of teaching Aids:
Chart Size : 75 cm x 55 cm
Boundary Chart : 2 x 4 cm
Two Sticks
Model Size : 22 x 30 inches
Flash Card Size : 15 x 20 cm
Flannel Board Size : 22 x 30 inches
Miniature Size : 10 x 15 cm

And make sure that no thermocol will be used while preparing the teaching Aids

- Supervisor teachers have to submit a certificate of activities and a certificate of Quality checking duly signed and stamped by the concerned school Principal at the completion of practice teaching to the College office.

Conditions:-

- Students have to complete at least 50 lessons, 15 observations of composite lessons and 5 observations of micro lessons delivered by peer group in each subject.

Heeh
Acting Principal

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Dated: 20.05.2022

Notice Regarding School Internship

All the students of B.Ed. Semester-IV (Against Sem-III) are directed to report to their concerned practicing schools on 23.05.2022 at 10:30 am sharp regarding school teaching practice.

All concerned to note please.


Acting Principal





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Dated: 20.05.2022

NOTICE
Regarding Sessional Work during School Internship

School Internship will start w.e.f. 23.05.2022 and it will continue upto 25.08.2022. All B.Ed. (4th Semester) students are directed to report to their concerned practicing schools at 7:00 am sharp.

During the School Internship Programme, concerned teachers must ensure the following Sessional work:

- i. A candidate has to complete 25 composite lesson plans in each pedagogy subject based on the objectives of Holistic development, Art integrated education, Sports integrated education and ICT integrated education, Joyful and Engaging learning, focusing on the development of skills namely, Critical thinking, Creativity, Communication and Collaborative skills as specifically focused in NEP 2020.
- ii. A candidate has to practice and write 10 Micro skills lessons.
- iii. A candidate has to observe 15 lessons delivered in each pedagogy subject by other teacher interns and write the observation in their pedagogy files.
- iv. The candidate has to write two lesson plans in each of the following from each of the teaching subject:
 - Models of teaching (2+2)
 - Values inculcation (2+2)
 - ICT integration (2+2)Hence, twelve lessons in both the pedagogy subjects.
- v. The candidate will deliver two discussion lessons in each pedagogy subject.

Note:-

The College will intimate the names and roll numbers of such candidates, to the University immediately after the completion of school internship program so that the result of the semester examination of these candidates may be withheld, If any candidates fails to complete the 15 weeks teaching practice in the session/year, his/her candidature will be cancelled and result be filed.

All students and teachers to note please.


Acting Principal



ਮੋਬਾਇਲ ਨੰ: 98887-90277
E-mail : gsss.lambapindjal@gmail.com

ਵੱਲ :

ਪਿੰਸੀਪਲ

ਸਰਕਾਰੀ ਸੀਨੀਅਰ ਸੈਕੰਡਰੀ ਸਮਾਰਟ ਸਕੂਲ

ਲੰਮਾ ਪਿੰਡ, ਜਲੰਧਰ

PRINCIPAL

From :

GOVT. SR. SEC. SMART SCHOOL

LAMBA PIND, JALANDHAR

ਵੱਲ :

M.G.N College of
Education, Jalandhar

ਲੜੀ ਨੰ1373.....

ਮਿਤੀ 25-08-22.....

ਵਿਸ਼ਾ:

After consultation with the Principal of Government Senior Secondary Smart School, the following activities have been performed by the students of M.G.N College of Education, Jalandhar.

Roll no. 11082039949

BUILDING TEAMS AND HELPING THEM TO PARTICIPATE

1. Tree Plantation
2. World No- Tobacco Day
3. Best Out of Waste Material
4. Morning Assembly
5. Beti Bachao, Beti Padhao Awareness Program
6. Talent Hunt
7. Teej Celebration
8. Mathematics Fair
9. Road Safety Awareness Program
10. Legal Awareness
11. Poster Making Competition

DOCUMENTS SHOWING EXECUTING THE EVENTS

ੳੳੀ ੳੳੳ
Principal 25/08/22
Govt. Sr. Sec. School
Lamba Pind, Jalandhar

School Principal

ਵੱਲ:

2431750

ਪ੍ਰਿੰਸੀਪਲ,
ਸਰਕਾਰੀ ਕੰਨਿਆ ਸੀਨੀਅਰ ਸੈਕੰਡਰੀ ਸਕੂਲ,
ਬਸਤੀ ਸ਼ੇਖ, ਜਲੰਧਰ।



ਵੱਲ:

Principal, Govt. Girls Senior Secondary School, Basti Sheikh, Jalandhar.

ਪੱਤਰ ਵਿੱਚ ਕੋਲਰ ਕਨਸਲਟੇਸ਼ਨ ਨਾਲ ਸਕੂਲ ਦੀ ਪ੍ਰਿੰਸੀਪਲ ਨਾਲ

ਮਿਤੀ... 29/08/22

Government Girls Sen. Secondary Smart School, the following activities have been performed by the students of M.G.N College of Education, Jalandhar.

Roll No. 11082039923

- 1 Morning Assembly
- 2 Tree Plantation
- 3 Best out of Waste
- 4 No Tobacco Day
- 5 Pot Making Competition
- 6 Road Safety Awareness
- 7 'Beti Bachao, Beti Padhao'
- 8 Rakhi Making Competition
- 9 Poster Making Competition
- 10 International Tiger's Day
- 11 World Paper Bag Day

ਪ੍ਰਿੰਸੀਪਲ
ਸਰਕਾਰੀ ਕੰਨਿਆ ਸੀ. ਸੈ. ਸਕੂਲ,
ਬਸਤੀ ਸ਼ੇਖ, ਜਲੰਧਰ।

Shelly Devi

After consultation with the Principal of G. S. S. S. S Nehru Garden School, the following activities have been performed by the students of M.G.N College of Education, Jalandhar.

Roll No. 118 (11082039908)

- 1 Tree plantation
- 2 Talent hunt
- 3 Sports meet
- 4 Mehndi competition
- 5 Drawing competition
- 6 Rakhi making competition
- 7 Morning assembly
- 8 Cleanless drive
- 9 Road safety
- 10 Visit in labs
- 11 Pot making
- 12 Best out of waste
- 13 Beti bachao beti padhao
- 14 Quiz competition


24/8/22

School Principal Principal
Amar Shaheed Lala Jagot Narayan
Govt. (G) Sen. Sec. School Nehru Garden
JALANDHAR



After consultation with the Principal of G.S.S.S.S School, the following activities have been performed by the students of M.G.N College of Education, Jalandhar.

Roll No. 154

- 1 Morning Assembly
- 2 Sports Day
- 3 Tree Plantation
- 4 Quiz competition
- 5 No Tobacco Day
- 6 Math fair
- 7 Best out of waste
- 8 Beti Bachao Beti Padhao
- 9 Independence Day celebration

23/12
ਪ੍ਰਿੰਸੀਪਲ

ਸਰਕਾਰੀ ਸੀਨੀਅਰ ਸੈਕੰਡਰੀ ਸਕੂਲ
ਮਕਸੂਦਾਂ (ਜਲੰਧਰ)
School Principal



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INVOLVEMENT IN PREPRATORY ARRANGEMENTS

Dated 29.9.2021

NOTICE

Inter House Competition - Preparation of PowerPoint Presentation

This is to inform you that M.G.N. College of Education is organizing Inter House Competition on "**Preparation of PowerPoint Presentation**" on the theme "**Mahatma Gandhi Ji's Ideology**". House in-charges are required to submit the list of participating students before **30.09.2021** to Mrs.Sakshi Sharma by 11.00 AM. The PPT must be sent at mgniqac@mgncollege.org by 04.10.2021.

Subthemes:

- Non-violence
- Peace
- Cleanliness

RULES

- Two participants from each house can participate while selecting 2 different topics out of the subthemes.
- Send Presentation till 04.10.2021.
- The participants have to send their videos along with their PPT. Name your PPT file with your Roll no. Example: 111.
- On the first slide of your PPT mention: Participant's Name, Roll No. and version of MS Office used for making PPT.
- 10 to 15 slides should be prepared.
- Credit will be given to novelty of ideas, technical accuracy and aesthetic presentation:

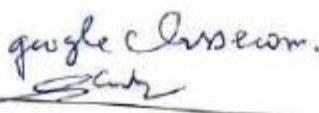
Aesthetic Presentation – Appropriate usage of presentation tools viz. videos, graphics, sounds, hyperlinks, animations, translation, smart art, font, colors, background and designs.

All staff members and students to note please.


Acting Principal

Copy of the Notice is pasted on the Notice Board.

Announced in B.Ed. Semester II



P.T.O.



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Dated: 03.02.2022

NOTICE

A series of Talent Hunt programme for B.Ed. is being organized online by the College in order to search the hidden potential among our students. The detail of the programme is as follows:

1. Fine art Competitions in the category of (sketching, collage making, phulkari, still life, landscape, slogan writing, poster making, clay modeling, cartooning, mehndi and rangoli) will be held on 07.02.2022. Students must send their art work to mgnqac@mgncollege.org by 06.02.2022.

2. Competition in the category of cultural items viz Fancy Dress, Mimicry, Skit, Singing (Geet, Gazal, Folk Song, Shabad), Dance Competitions (Gidha, Bhangra, Classical, Western, Bollywood) and Literary competitions in the category of (Poetical Symposium, Elocution, Debate) will be held on 08.02.2022.

The programme on 08.02.2022 will start at 10.00 am. In every category First, Second and/or consolation prizes will be given. Join B.Ed Sem-I group in Google Classroom for the event.

Interested students may give their names to their respective house incharges for different items till 05.02.2022. For any query contact Dr.Pooja Bhardwaj (9779164643).

Attendance for all the students is compulsory.

All teachers and students to note please.

Usha
 Acting Principal

Announced in B.Ed. Semester I

- | | |
|---------------------------|--------------------------|
| 1. Dr.Radha Arora | 2. Dr.Meharban Singh |
| 3. Dr.Ravjeet Kaur | 4. Dr.Pooja Bhardwaj |
| 5. Dr.Pooja Arora | 6. Dr.Seema Rani |
| 7. Dr. Kiran Walla | 8. Mrs.Surjit Kaur |
| 9. Mrs.Shivani Gulati | 10. Mrs.Geetanjali Mittu |
| 11. Mrs.Gaganpreet Kaur | 12. Mrs.Sakshi Sharma |
| 13. Mr.Maninder Pal Singh | 14. Mrs.Jaspreet Kaur |
| 15. Ms.Anju | 16. Ms.Mamta Rani |
| 17. Mr.Harkamaljit Singh | 18. Ms.Satinderbir Kaur |



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Dated: 05.04.2022

NOTICE

Thematic Display Board Inter House Competition

This is to inform that M.G.N. College of Education is organizing Thematic Display Board Inter House Competition on 13.04.2022 at 1:00 pm. The theme for the Display Board will be '**Role of Teacher as a Booster in Changing Scenario**'.

Following are the instructions for the competition:

1. Size of the Thematic Display Board (6 x 4)
2. Border Area 3 inches
3. Original and Creative Work
4. Typed Material is not allowed.
5. Aesthetically designed material will be given weightage.

Jain
Incharge

Udesh
Acting Principal

Announced in B.Ed. Semester III *Stulohi*



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NOTICE

Dated: 12.04.2022

Inter House On the Spot Preparation of Teaching Aids Competitions

The College is going to organize Inter House On the Spot Preparation of Teaching Aid Competition on 18.04.2022 in the College premises. The participants will do the improvisation with low cost and waste material. The House incharges will be responsible for giving name of the participants for On the Spot Preparation of Teaching Aids Competition latest by 12.04.2022.

Rules for on the Spot Preparation of Teaching Aids Competitions

- A team from each house will consist of 3 participants.
- Teaching aid will be prepared on the spot.
- No prepared base will be allowed.
- Use of **Thermocol** is not allowed.
- Time allowed 2:30 hours.
- Theme/topic for the teaching aid will be decided by the participants.
- Material will be arranged by the participant.
- The teaching aid prepared during competition will be the property of College.
- Credit will be given to novelty of ideas, creativity, presentation and imaginative expression.

All the teachers and students to note please.

Heek
 Acting Principal

Announced in B.Ed. Semester II *Gulati*

Announced in B.Ed. Semester III *Gulati*

- | | |
|---|--|
| 1. Dr.Radha Arora <i>R</i> | 2. Dr.Meharban Singh <i>M</i> |
| 3. Dr.Ravjeet Kaur <i>R</i> | 4. Dr.Pooja Bhardwaj <i>P</i> |
| 5. Dr.Pooja Arora <i>Pooja Arora</i> | 6. Dr.Seema Rani <i>Seema</i> |
| 7. Dr. Kiran Walla <i>Kiran</i> | 8. Mrs.Surjit Kaur <i>Kaur</i> |
| 9. Mrs.Shivani Gulati <i>Gulati</i> | 10. Mrs.Geetanjali Mittu <i>Geetanjali</i> |
| 11. Mrs.Gaganpreet Kaur <i>Gagan</i> | 12. Mrs.Sakshi Sharma <i>Sakshi</i> |
| 13. Mr.Maninder Pal Singh <i>Maninder</i> | 14. Mrs.Jaspreet Kaur <i>Jaspreet</i> |
| 15. Ms.Anju Arora <i>Anju</i> | 16. Ms.Mamta Rani <i>Mamta Rani</i> |
| 17. Mr.Harkamaljit Singh <i>Harkamal</i> | 18. Ms.Satinderbir Kaur <i>Satinderbir</i> |



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Dated: 12.04.2022

NOTICE

Inter House Black Board Writing and Sketching Competition

This is to inform you that M.G.N. College of Education is organizing Inter House Black Board Writing and Sketching Competition on 18.04.2022. House incharges are required to submit the list of six participating students to Mr.Maninder Pal Singh, two from each language, on 15.04.2022 by 1:00 pm

Following are the instructions for the competition:

1. Two participants in each language (Hindi, English, Punjabi).
2. Writing and Sketching will be done by the same participant.
3. Matter for writing will be given on the spot and the candidate will do sketching based on that matter only.
4. Time -10 mins
5. Colored/white chalks should be used.

Neeru
Acting Principal

Announced in B.Ed. Semester II *Neeru*

Announced in B.Ed. Semester III *Neeru*

- | | |
|---|---|
| 1. Dr.Radha Arora <i>Dr. Radha Arora</i> | 2. Dr.Meharban Singh <i>Dr. Meharban Singh</i> |
| 3. Dr.Ravjeet Kaur <i>Dr. Ravjeet Kaur</i> | 4. Dr.Pooja Bhardwal <i>Dr. Pooja Bhardwal</i> |
| 5. Dr.Pooja Arora <i>Dr. Pooja Arora</i> | 6. Dr.Seema Rani <i>Dr. Seema Rani</i> |
| 7. Dr. Kiran Walla <i>Dr. Kiran Walla</i> | 8. Mrs.Surjit Kaur <i>Mrs. Surjit Kaur</i> |
| 9. Mrs.Shivani Gulati <i>Mrs. Shivani Gulati</i> | 10. Mrs.Geetanjali Mitt <i>Mrs. Geetanjali Mitt</i> |
| 11. Mrs.Gaganpreet Kaur <i>Mrs. Gaganpreet Kaur</i> | 12. Mrs.Sakshi Sharma <i>Mrs. Sakshi Sharma</i> |
| 13. Mr.Maninder Pal Singh <i>Mr. Maninder Pal Singh</i> | 14. Mrs.Jaspreet Kaur <i>Mrs. Jaspreet Kaur</i> |
| 15. Ms.Anjuman <i>Ms. Anjuman</i> | 16. Ms.Mamta Rani <i>Ms. Mamta Rani</i> |
| 17. Mr.Harkamaljit Singh <i>Mr. Harkamaljit Singh</i> | 18. Ms.Satinderbir Kaur <i>Ms. Satinderbir Kaur</i> |



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Dated 19.04.2022

NOTICE

Inter House Competition - Preparation of PowerPoint Presentation

IQAC Cell in collaboration with Cyber Club of M.G.N. College of Education is organizing Inter House Competition on "**Preparation of PowerPoint Presentation**" for B.Ed. Semester II on the theme "**Invest in our Planet**" to mark World Earth Day. House in-charges are required to submit the list of participating students before **20.04.2022** to Mrs.Sakshi Sharma by 11.00 AM. The PPT must be sent at **mgniqac@mgncollege.org** by 22.04.2022 by 11.00 AM.

Subthemes:

- > Global warming and Climate Change
- > Water Pollution and Ocean Acidification
- > Loss of Biodiversity

RULES

- Two participants from each house can participate while selecting 2 different topics out of the subthemes.
- Send Presentation till 22.04.2022 by 11.00 AM.
- The participants have to send their videos along with their PPT. Name your PPT file with your Roll no. Example: 111.
- On the first slide of your PPT mention: Participant's Name, Roll No. and version of MS Office used for making PPT.
- 10 to 15 slides should be prepared.
- Credit will be given to novelty of ideas, technical accuracy and aesthetic presentation:

Aesthetic Presentation – Appropriate usage of presentation tools viz. videos, graphics, sounds, hyperlinks, animations, translation, smart art, font, colors, background and designs.

All staff members and students to note please.

Heela
Acting Principal

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P.T.O.

PLANNING AND EXECUTION OF COMMUNITY RELATED EVENTS

TITLE OF THE ACTIVITY: SWACHH BHARAT PAKHWADA

DATE: 01.08.2021 to 15.08.2021

As per the guidelines received, M.G.N. College of Education, Jalandhar has organised Swachh Bharat Pakhwada, International Youth Day and Independence Day from 01.08.2021 to 15.08.2021 in the different schools of Jalandhar where the B.Ed. students were having their internship and also in their neighbourhoods. On the occasion, various activities were organized such as:

- Anti-Polythene Campaign – India free from ‘Single use Plastic’
- Cleanliness Drive (Libraries, Labs, Classrooms, Playground etc.)
- Awareness campaign through Lectures/ Discussions/ Videos/ Presentations on following topics:
 - Techniques of water conservation and rain water harvesting.
 - Renovation of traditional and other water bodies/tanks.
 - Water Shed Development.
 - Water recycling plants.
 - Efficient utilization of water at home, campus and community.
 - Harmful effects of plastics especially single use plastic.
- Competitions like:
 - Slogan writing on Swachhta/ Water Conservation.
 - Poster making on Swachhta/ Water Conservation.
- Swachhta Pledge.

N.S.S. volunteers have performed different activities such as cleanliness drive, anti-polythene campaign; lectures on various issues viz-a-viz. Healthy habits (like to eat healthy food, wash hands before and after meal, use washrooms, etc.) ,the importance of cleanliness, various competitions like poster competition, slogan writing competition, etc.

The different areas of the college and schools were cleaned to achieve the dream of Gandhi ji as “Swachhta” or Cleanliness was a way of life for Gandhi ji. School students were also motivated to participate in cleaning their schools in order to change in their behavior.

Diverse lectures related to the Swachhta were delivered in the different schools.


Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar



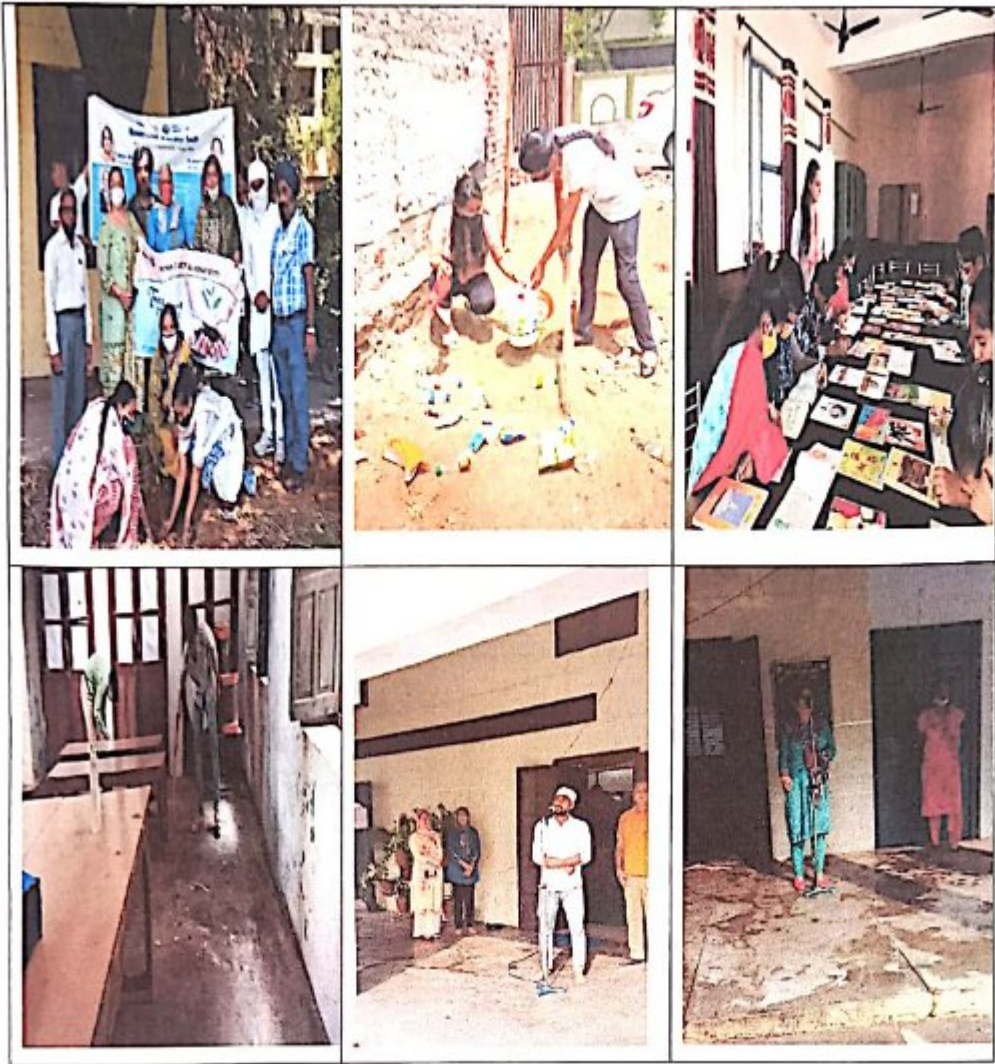
Swachhta Pledge was taken by the volunteers and school students on international youth day to keep our nation green and clean and to make India "Swachh Bharat, Khoobsurat Bharat".

Furthermore, students enthusiastically celebrated Independence Day. Speeches were given by the students on the topics like 'Swachh Bharat, Azad Bharat, Sacrifices made by the freedom fighters, Need to organise anti-corruption systems in the country, etc. Slogans were prepared by the students on clean and green environment, freedom struggle, etc.




Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar





SWACHH BHARAT PAKHWADA

(01.08.2021 to 15.08.2021)


Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar




TITLE OF THE ACTIVITY: "AZADI KA AMRIT MAHOTSAV"

DATE: 13.08.2021 to 02.10.2021

As per the guidelines of Ministry of Youth Affairs and Sports, Govt. of India and NSS Department of G.N.D.U, N.S.S. Unit of M.G.N. College of Education, Jalandhar celebrated 75 years of Independence by organizing various activities as given below:-

- **E-Quiz**
75 Years of Independence Day was celebrated by organizing E-Quiz from 09.08.2021 to 15.08.2021 in which 393 participants from various Institutions participated.
- **Inter House Essay Writing Competition**
Sadbhavna Divas was celebrated on 20.8.2021 by organizing Inter House 'Essay Writing Competition' on the theme "National Integration, Peace and Communal Harmony" in which 13 NSS volunteers from different houses participated.
- **Van Mahotsav Celebration**
Van Mahotsav was celebrated on 20.08.2021 in which NSS volunteers of the college planted more than 60 plants in their surrounding areas.
- **Upload of Videos of Singing National Anthem**
More than 78 NSS volunteers and faculty members uploaded videos of singing National Anthem on the link shared by Ministry of Youth Affairs and Sports, Govt. of India and got E-Certificates.
- **Independence Day Celebration Day**
Independence Day was celebrated on 14.08.2021 by holding special assembly in which all the NSS volunteers were acquainted with the history of Independence followed by National Anthem.
- **FIT India Run 2.0**
NSS volunteers celebrated FIT India Run 2.0 under the theme 'Fitness Ki Dose, Adha Ghanta Roz' on 04.09.2021 in which many activities like running, yoga and other exercises were done by the NSS volunteers.


Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar




**M.G.N. COLLEGE OF EDUCATION
JALANDHAR**
 Government Aided Institution, Recognized by
 NCTE and UGC, Affiliated to G.N.D.U.

N.S.S. Unit
 Celebrates
"75 Years of Independence Day"
 by
 Organising
E-QUIZ
 Link for the Quiz:
<https://forms.gle/BKEsyWCr9ruSDmubA>

> Students can participate from 08.08.2021 to 15.08.2021
 > Participants securing 50% & above will be provided with
 E-certificates
 > For any Query, Kindly Contact: 8148200571, 8780798928

Co-ordinators
Dr. Kiran Walla
Mrs. Gagandeep Kaur
Acting Principal
Mrs. Neelu Jhanji

Photo of E-Quiz

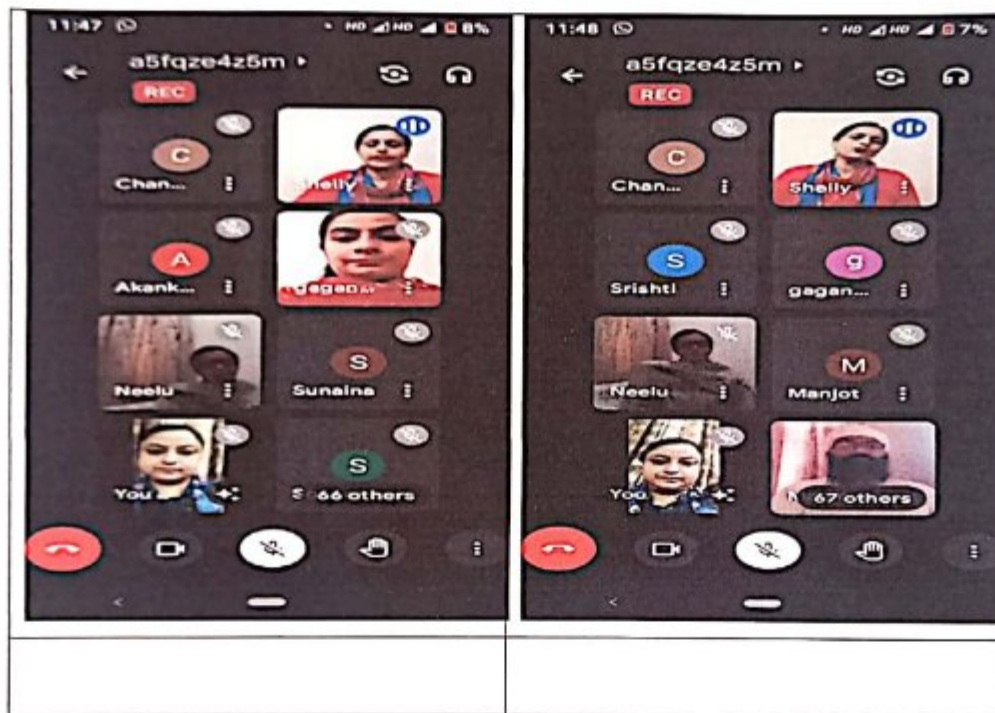


Photos of Van Mahotsav Celebration


 Acting Principal
 Montgomery Guru Nanak College
 of Education, Jalandhar

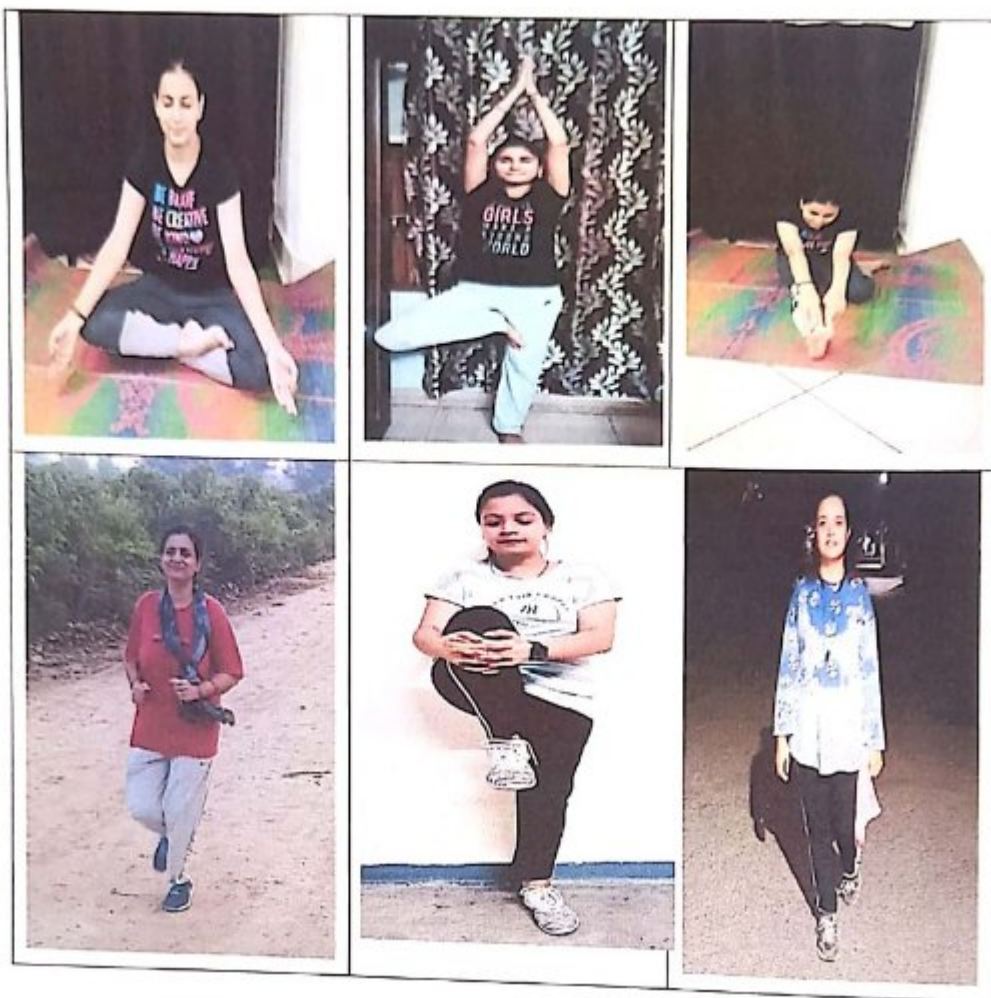



Photos of E-Certificates Upload of Videos of Singing National Anthem




Photos of Independence Day Celebration Day

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Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar
Keya



Photos of FIT India Run 2.0

"AZADI KA AMRIT MAHOTSAV" (13.08.2021 to 02.10.2021)


Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar



TITLE OF THE ACTIVITY: "POSHAN MAAH"

DATE: 01.09.2021 to 30.09.2021

As per the directions from NSS Department, G.N.D.U. and Ministry of Youth Affairs and Sports, De-addiction committee and NSS Unit of the M.G.N. College of Education celebrated the Poshan Maah under the theme "Converging Towards a Healthy Walk Through Life" from 01.9.2021 to 30.9.2021 by organizing various activities as given below:-

- **Tree Plantation**

Tree plantation under the theme 'Poshan Vatika' was done by the NSS volunteers of the college on 07.09.2021 by planting different types of trees in their surrounding areas.

- **Healthy Recipe Competition**

Healthy Recipe competition was organized on 30.09.2021 in which six NSS volunteers of the college participated. In this competition, Rachita Garg, Shelly Devi and Ritika got first, second and third positions respectively.

- **Inter House E-Slogan Writing Competition**



Inter House E-Slogan Writing competition was held on the theme 'Health Food for Healthy Life' on 25.09.2021 to celebrate Poshan Maah and NSS day. eight participants from various houses participated in the competition. In this competition, Pallavi Sharma, Rachita Garg and Shelly Devi got first, second and consolation positions respectively.

- **One Day Webinar**

One day webinar was organized on the theme 'Healthy Food for Healthy Life' on 30.09.2021. Ms.Monisha Sikka Ex-Senior Dietician, Tagore Hospital, Jalandhar was the resource person who acquainted all the faculty members and NSS volunteers with the healthy life style followed by an interactive session with the audience.


Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar




M.G.N. COLLEGE OF EDUCATION, JALANDHAR


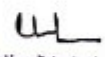

Govt. Aided & NCTE Recognised, Affiliated to G.N.D.U.

To celebrate
N.S.S. DAY & POSHAN MAH
 N.S.S. Unit and De-addiction Committee
 Organise
Webinar
 On
"HEALTHY FOOD FOR HEALTHY LIFE"
RESOURCE PERSON
MRS. MANMEET KAUR
 HOD, Department of Food Processing and Quality Management
 G.H.G Khalsa College, Gurusar Sadhar (Fali)
All the Faculty members and students join the session through online platform
 Date: 25th September, 2021
 Time: 11.00 am
 Mode: Google Meet
 Link to join:

Dr. Kiran Walia
 Coordinator

Mrs. Neelu Jhanji
 Acting Principal




 Acting Principal
 Montgomery Guru Nanak College
 of Education, Jalandhar




"POSHAN MAAH" (01.09.2021 to 30.09.2021)

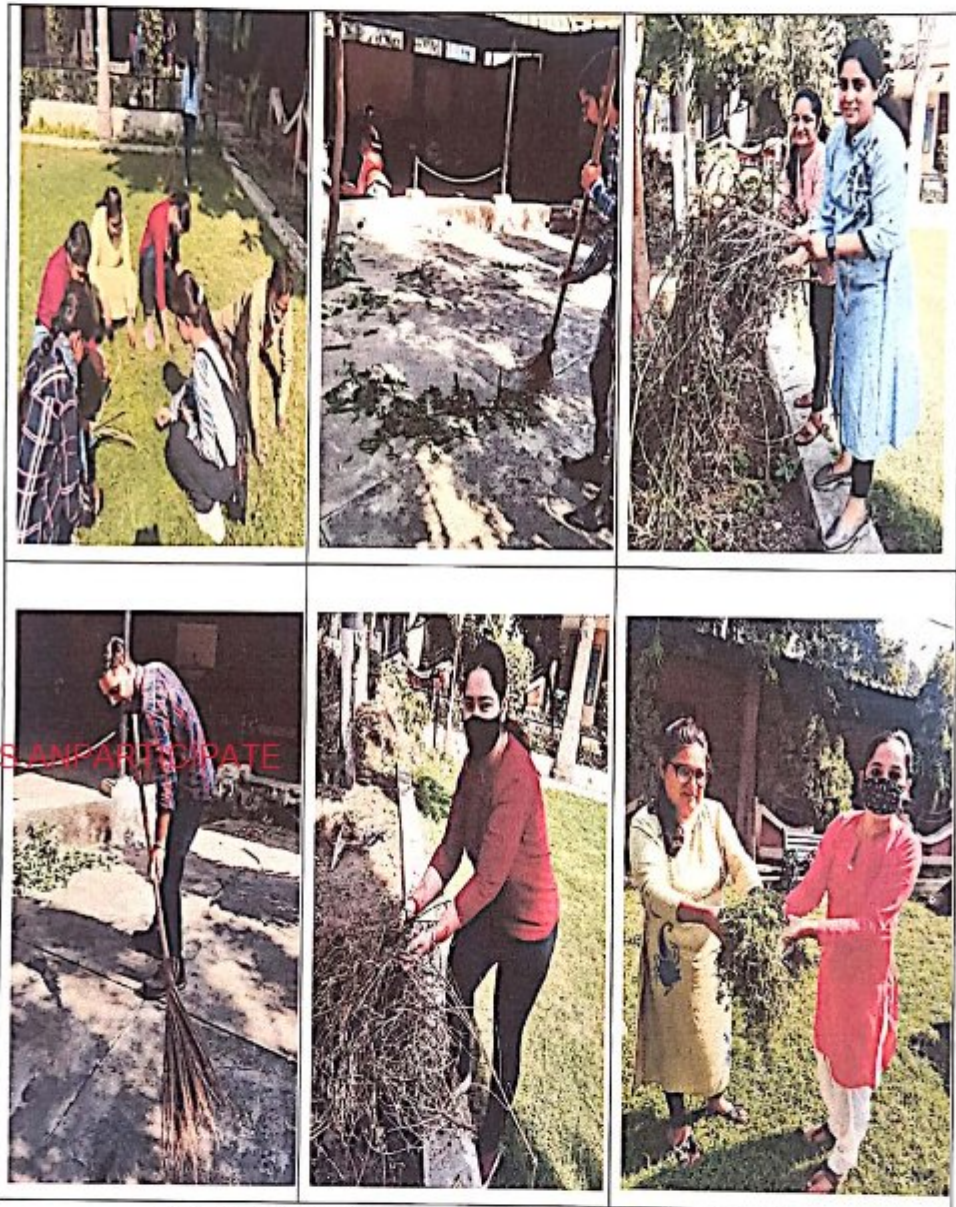

Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar



TITLE OF THE ACTIVITY: CLEAN INDIA PROGRAMME

DATE: 01.10.2021 to 31.10.2021

As per the guidelines of Ministry of Youth Affairs & Sports, Govt. of India and N.S.S. Department G.N.D.U., Amritsar, N.S.S. volunteers of M.G.N. College of Education, Jalandhar participated in the cleanliness drive under the Clean India Programme from 01.10.2021 to 31.10.2021. The volunteers participated whole-heartedly in the drive by cleaning the college campus and surrounding areas.



BUILDING TEAMS AND PARTICIPATE

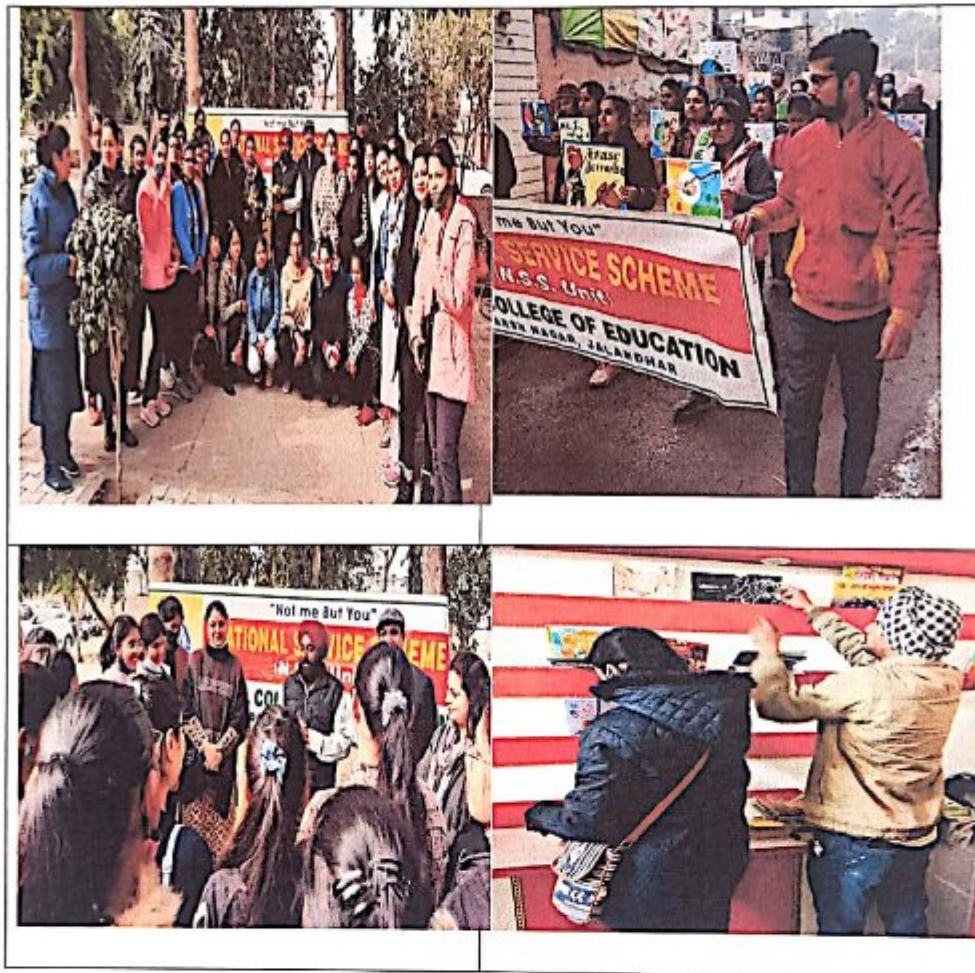
CLEAN INDIA PROGRAMME (01.10.2021 to 31.10.2021)


Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar


TITLE OF THE ACTIVITY: SEVEN DAY NSS CAMP

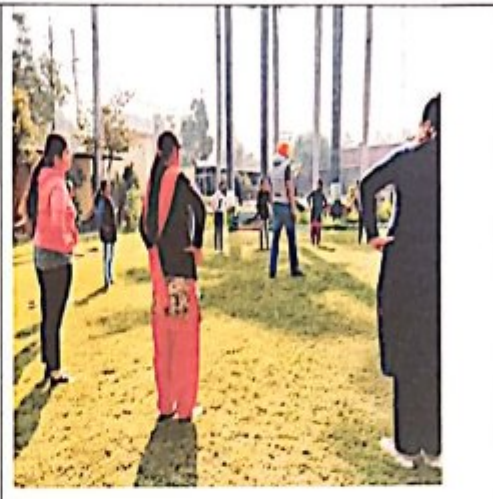
DATE: 28.12.2021 to 03.01.2022

A seven days NSS camp was organized by M.G.N. College of Education, Jalandhar at Sangal Sohal village from 28.12.2021 to 03.01.2022, in which 50 NSS volunteers from B.Ed Sem-I and Sem-II participated. The camp was inaugurated by S.Mangal Singh ji, Sarpanch of the village. The staff of Govt. Elementary School, Sangal Sohal also joined the inaugural ceremony. During the camp volunteers conducted various activities like rally on environment protection, COVID awareness drive, food preparation, Nukad Natak, cleanliness drive, lecture on personal hygiene to school kids, tree plantation in which volunteers planted 18 all season plants. They also made the people aware about the need of waste segregation. The volunteers were also made to do physical activities during this time. The food was served each day to the volunteers.



[Signature]
Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar

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Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar





SEVEN DAY NSS CAMP (28.12.2021 to 03.01.2022)


Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar



TITLE OF THE ACTIVITY: SWASTHA BALAK-BALIKA SPARDHA

DATE: 08.01.2022 to 10.01.2022

As per guidelines received from Ministry of Youth Affairs and Sports and NSS Department of Guru Nanak Dev University, Amritsar, NSS Unit of M.G.N. College of Education, Jalandhar organised "Swastha Balak-Balika Spardha" from 08.01.2022 to 10.01.2022. E-Slogan competition on the theme "**Importance of Health and Nutrition for Children**" was organised in which 11 NSS volunteers from B.Ed. Sem-I and Sem-II participated.



SWASTHA BALAK-BALIKA SPARDHA (08.01.2022 to 10.01.2022)


Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar



TITLE OF THE ACTIVITY: SVEEP

DATE: 01.02.2022

As per the guidelines received, N.S.S Unit of M.G.N. College of Education, Jalandhar has organised Voting Awareness campaign online. In this event Rimple Kaur, volunteer of NSS Unit, through a video has told the masses regarding the importance of voting. Moreover, she also guided regarding the eligibility of a voter. Furthermore, our another volunteer, Sawangeet Kaur has given the awareness of Voters Day and the way to vote rightly. Kashish, the volunteer has presented through a poster that "Your One Vote has Power to Change". All the videos and poster are posted on the college's official Facebook page.



SVEEP (01.02.2022)

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Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar

(Signature)

MONTGOMERY GURU NANAK COLLEGE OF EDUCATION, JALANDHAR

REPORT ON

CELEBRATION OF SHAHEEDI DIWAS

NSS Unit of M.G.N. College of Education, Jalandhar, observed the Shaheedi Divas on 23.03.2022 to pay reverence to Shaheed Bhagat Singh, Rajguru and Sukhdev who sacrificed their lives for the freedom, grandeur and well being of India. To mark the occasion, Pavleen Kaur from B.Ed. Sem-III, shared a video enlightening about life of Shaheed Bhagat Singh and also taking oath for becoming a responsible citizen of India. Shelly Devi of B.Ed. Sem-III and Kashish from B.Ed. Sem-I presented poems to give a tribute to the martyrs of our country. The videos shared by the students were uploaded on Facebook for maximum social media publicity. The activity was organised under the supervision of Mrs.Neelu Jhanji, Principal and was coordinated by Dr.Kiran Walia, Program Officer, NSS Unit of the College.



W
Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar

TITLE OF THE ACTIVITY: CYCLE RALLY ON YOGA DAY

DATE: 23.04.22

Health Club and N.S.S. Unit of M.G.N. College of Education, Jalandhar celebrated World Health Day by organizing a Cycle on 07.04.22. The cycle rally began from the College and reach to Govt. Sr. Sec. School, Adarsh Nagar wherein students of the College along with teachers made the students of the school aware regarding the benefit of cycling. N.S.S. volunteers Meena and Nandini with their speeches elaborated to the school students regarding the health benefits of riding bi-cycle and how it helps to keep our environment clean and green. In continuation with the green practices, a planter with green plant as a token of gratitude was gifted to the school Principal Mrs.Khushdeep Kaur. Pamphlets depicting the benefits of cycling for the individual and environment were distributed to community members and also pasted on the walls of shops having good footfall. Teachers including Dr.Meharban Singh, Dr.Pooja Bhardwaj, Mrs.Shivani Gulati, S.Maninder Pal Singh and Mrs.Jaspreet Kaur and Ms.Anju, Office staff S.Amrit Pal Singh, S.Sukhdev Singh and supporting staff S.Bhulinder Singh, Sh.Govind Singh cycled during the rally along with the students.



CYCLE RALLY ON YOGA DAY (23.04.22)


Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar

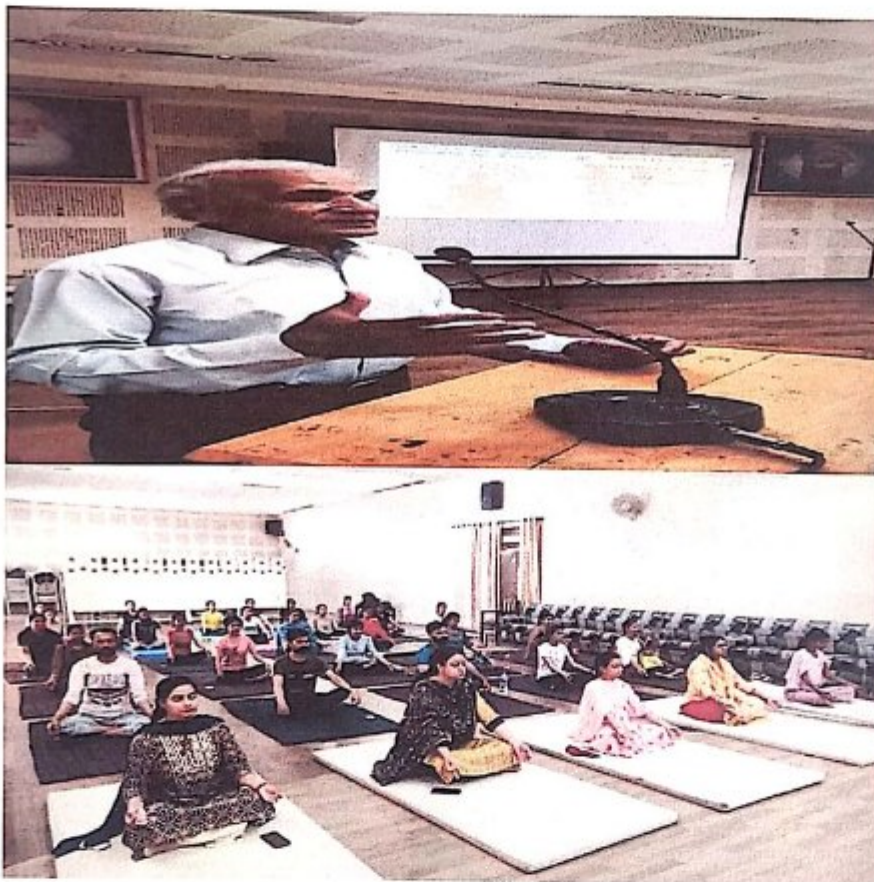


TITLE OF THE ACTIVITY: CELEBRATION OF YOGA DAY (ORGANIZED YOGA WORKSHOP)

DATE: 23.04.2022

Health Club and N.S.S. Unit of M.G.N. College of Education, Jalandhar celebrated World Health Day by organizing a Cycle Rally and Yoga Workshop on 07.04.22. On this day, a Yoga workshop was also conducted by Shri.Kamal Aggarwal, President, Bhartiya Yog Sansthan, Jalandhar. During the workshop, yoga for healthy spine, for thyroid problems, for diabetes management and for ensuring good mental health were practised. Students queries regarding asans for varied problems were also taken up during the workshop.

On this occasion, Principal Mrs.Neelu Jhanji gave formal vote of thanks and appealed the masses to make a routine to do yog and get benefitted from its endless perks.



YOGA WORKSHOP (23.04.2022)


Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar



**TITLE OF THE ACTIVITY: POSTER PAINTING COMPETITION UNDER
INTERNATIONAL YOGA DAY CELEBRATION**

DATE: 23.04.2022

NSS unit of the college under International Yoga Day celebration, organized Poster Painting competition on importance of yoga held on 23-04-2022 in which Rimple Kaur, Harmanpreet Kaur and Sangeeta of B.Ed. sem III got the first, second and third positions respectively. The event was coordinated by Dr. Kiran Walia, program officer NSS unit.



**POSTER PAINTING COMPETITION UNDER INTERNATIONAL YOGA DAY
BUILDING T CELEBRATION (23.04.2022)=**


Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar

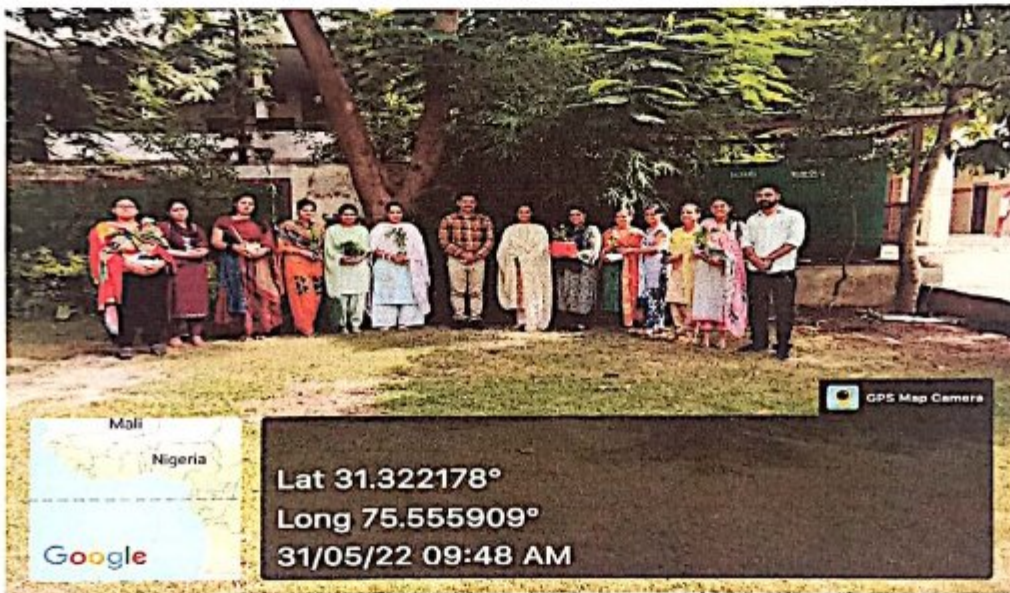


MONTGOMERY GURU NANAK COLLEGE OF EDUCATION, JALANDHAR

REPORT ON

WORLD ENVIRONMENT DAY

As per guidelines from the office of the Deputy Commissioner-Cum- District Election Officer, Jalandhar, NSS Unit of the College celebrated World Environment Day-2022 on 31.05.2022. The students of B.Ed. Sem. III celebrated the day by planting trees in the community areas and by giving awareness lectures to the school students. A cycle rally was also organized to make the community aware of the environmental threats. The event was coordinated by Dr. Kiran Walia, program officer NSS unit.




Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar




TITLE OF THE ACTIVITY: WORLD BICYCLE DAY

DATE: 02.06.2022

As per guidelines from Ministry of Youth Affairs and Sports and NSS Department, G.N.D.U., under "Azadi Ka Amrut Mahotsav" NSS unit and Ek Bharat Sresth Bharat Club the college organised Cycle Rally on 02.06.2022 to celebrate World Bicycle Day. The event was held to celebrate 75 years of India's Independence and to popularize the usage of cycling to solve the dual issues of global warming and unhealthy life style. The rally started from the college at 9.00 am. Faculty members and students of B.Ed. Sem. III participated in the event.

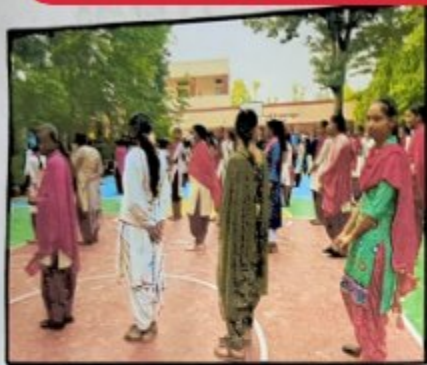


WORLD BICYCLE DAY (02.06.2022)


Acting Principal
Montgomery Guru Nanak College
of Education, Jalandhar



PLANNING AND SCHEDULING ADACEMIC EVENYTS IN SCHOOL



MORNING ASSEMBLY

On August 8, 2021. It was one trivial duty assigned to all pupil-Teachers i.e. planning and conducting morning assembly daily. All the pupil-Teachers were assigned with their duties. Each of the pupil-Teachers would have to speak a thought based on Educational Topic on discipline which proves to be relevant for the students. All pupil-Teachers also have to present while maintaining discipline during the morning assembly. By around 8:15 am the school assembly started with prayer at the school ground. After that, students performed yoga ground. After that students performed yoga assisted by the school Head / Incharge. Then, some thought of the day and vocabulary words were read by the pupil. Teacher and assembly was concluded with the National Anthem by around 8:40 am, It was over.

~~Any~~



INVOLVEMENT IN PREPRATORY ARRANGEMENTS



SLOGAN WRITING COMPETITION

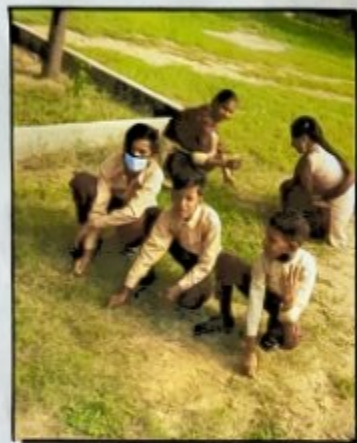
As we all know Independence Day is celebrated on 15th August. In Government Senior Secondary Smart school, Bidwan Dora Slogan Writing Competition on Independence Day was organised by B.Ed pupil teacher on 15th August, 2021 for the students of class 7th.

All the participants participated with great enthusiasm. Very creative and innovative way were used by students. The result was announced the next day of the competition. Winners were won prizes and all the participants were won congratulated. Overall, it was conducted very well and students were enjoyed also.

The country remembers those who have sacrificed their all so that we breathe in free air. The day invokes nationalism and patriotism throughout the public, irrespective of their demographic diversity.

Arjun

BUILDING TEAMS AND HELPING THEM TO PARTICIPATE



CLEANLINESS DRIVE

"CLEAN INDIA - HEALTHY INDIA"

Govt Senior Secondary Smart school, Sidwan Dona (Kpt) organised cleanliness drive with under Swachh Bharat Swachh Bharat Abhiyan Programme. Head of the school assigned the duty of programme to the pupil Teachers. The main purpose of this programme was to create awareness among the students regarding cleanliness and its benefit. It was compulsory for all the students had to participate even Teachers were the essential part of this drive. The pupil Teachers had to be the observe some of the students and the dusting of the worms & other clean the playground after doing this job, we all assembled in the school hall. There after our head delivered the speech telling of all the students about the importance of the sanitation she also honoured the pupil Teachers for their noble gal.

Amr



MATHS FAIR

Maths activity fair was organised at the school premises of **Government Senior Secondary Smart School Sidwa Dora** on 9th August 2021. It was basically conducted to evaluate the performance of the students in doing maths activities prescribed in the Maths Textbooks of their respective classes.

All the arrangements for conducting the Science were done by Incharge staff along with the help of Maths Teacher and peer group. All in the students of class 6th participated in it.

All the students participated enthusiastically. They were able to explain their allotted activities and questions were asked to them.

Suggestions were given to the students on how they can improve their practical skills.

Amr



SWACHHITA PLEDGE

To help the children understand their role in building a cleaner and healthier future for themselves on 11th August 2021, Government Senior Secondary School Sidwari Doda organised an activity for the students based on the concept Swachhata Rakwada. Head of the school assigned duty to pupil teachers. It started with the morning assembly in which cleanliness pledge was taken by the students across all segments. The students also expressed their thoughts and ideas towards making a cleaner India. Head of the school gave speech that we need to be a team to fulfill the dream of clean environment and saying that like charity begins at home. Cleanliness also begins at home. Students understand very well about the cleanliness through Swachhata Pledge.

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TREE PLANTATION

Trees are an essential and indispensable part of our life. On August 6, 2021, a tree plantation programme was organised in Govt. Senior Secondary School Sidwan Dona (K.P.C.) Head of the school assigned the duty to organise this programme to pupil teachers. The main purpose of this programme is to spread awareness about plantation of trees. Pupil teachers had to select an empty space or place to plant the saplings in a well-organised manner. Class 9th & 10th students participated in this. To make the tree plantation programme a successful programme, it required a lot of sincerity and seriousness. Participation from 9th & 10th classes was much enthusiastic and students enjoyed this very well and they were so excited. So this was the great experience to the pupil teachers.

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